Thank you for your continue commitment to establishing a healthier environment. And being a leader in your community by establishing norms and influencing health decisions. Thank you for all you have done so far to provide the healthiest choices possible for patients, visitors and staff.

The Kansas Hospital Education and Research Foundation is pleased to provide hospitals with this third toolkit. We appreciate the opportunity to provide additional resources, shared knowledge and innovative approaches to improving the food and beverage choices in your facility and community.

This third toolkit of resources and templates was created to further assist and support you as you lead the way to improve food and beverage environments in Kansas hospitals. The enclosed materials (as well as all the materials in the first and second toolkits) are available online at www.HealthyKansasHospitals.org.

**Healthy Kansas Hospitals Toolkit #3:**

- A Guide to Posting on Facebook
- Health Data on Kansas Health Matters
- Centers of Excellence Case Studies
- Model Policy Template
- Healthy Kansas Hospitals Resources FAQ
- PowerPoint Template
- Key Changes to the Nutrition Facts Label
- Tips for Adding More Color into Your Diet
- Eat More Color – Fruits/Vegetables Flyer
- Sneaking More Vegetables into Meals
- Build a Healthier Salad Flyer
- When to Eat What Calendar
- Tips for Healthy Snacking
- My Plate, MyWins: Make it Yours
- MyPlate My Wins: Build a Healthy Meal
- Tips to Help You Keep Healthy on a Budget
- Hospital Guide to 12345 Fit-Tastic!
- Substitution Guide

Special thanks to the Kansas Health Foundation for funding this initiative. The Kansas Health Foundation is a private philanthropy dedicated to improving the health of all Kansans. For more information about the Kansas Health Foundation, visit www.kansashealth.org.

If your facility has made formal food and beverage policy changes, please e-mail or fax a copy to Hayley Finch at hfinch@kha-net.org. Thank you for your commitment to improving the health and wellbeing of Kansans.