

## Local Resources to Build a Healthy Community

Discharge planners ... you can use this template to promote (list) local resources that will help your community and patients be healthy. Examples could include:

### Farmers Market

List location

Operation days and hours

### Meals on Wheels

Include phone number

Days serving clients

### Community Wellness Events

Include link to registration or phone number

### Hospital Cafe Healthy Specials

Include hours of operation

### Health Department Classes on Nutrition

Include dates, location and registration information

### Health and Wellness Center

Location

Hours