



TO: Kansas Hospitals

FROM: Kansas Hospital Education and Research Foundation

SUBJECT: Healthy Kansas Hospitals – Toolkit #2

DATE: June 30, 2015

Thank you for your commitment to establishing a healthier workplace. And being a leader in your community by establishing norms and influencing health decisions. Thank you for all you have done so far to provide the healthiest choices possible for patients, visitors and staff.

The Kansas Hospital Education and Research Foundation is pleased to provide hospitals with this second toolkit. We appreciate the opportunity to provide leadership, shared knowledge and innovative approaches to improving the food and beverage choices found in hospitals.

This second toolkit of resources and templates was created to further assist and support you as you lead the way to improve food and beverage environments in Kansas hospitals. The enclosed materials (as well as all the materials in the first toolkit) are available online at www.HealthyKansasHospitals.org.

Healthy Kansas Hospitals Toolkit #2:

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| Model Policy Template | What Approach Is Right For Your Hospital? |
| Nutritional Labeling for Menus | Why is Sodium Bad? |
| Keeping it Fresh and Local | Sample Letter to the Editor |
| Effective Vending and Procurement | Tips for Building a Healthy Salad Flyer |

Special thanks to the Kansas Health Foundation for funding this initiative. The Kansas Health Foundation is a private philanthropy dedicated to improving the health of all Kansans. For more information about the Kansas Health Foundation, visit www.kansashealth.org.

If you have additional questions, contact Josh Mosier at jmosier@kha-net.org or (785) 233-6955. Thank you for your commitment to improving the health and wellbeing of Kansans.