From Diana’s Desk

The first thing I want to do is thank all the auxiliaries who hosted the district meetings this year. The meetings were held in Sabetha, Pittsburg, Abilene, Quinter, Hoisington and Ulysses. Each one was unique unto itself. But, they all had many things in common: We were warmly greeted by the local auxiliary president and board members and treated to a lovely supper followed by a time to get to know each other and relaxing conversation. All of the venues were arranged and decorated beautifully. It was obvious that a lot of thought and planning went into the meeting, because all of the meetings were well organized and ran smoothly. I can’t tell you how much I enjoyed meeting each and every one of you.

Several months ago it was suggested by some auxiliary presidents that the board should consider having the convention semiannually rather than annually. So in response to those suggestions, a few months ago we sent out a survey pertaining to the frequency of the convention to all the auxiliaries. We offered three options:
1. Would you prefer to have the state convention every other year and the district meetings every other year?
2. Would you prefer to have the state convention every other year and the district meetings every year?
3. Would you prefer to have the state convention every year and the district meetings every year?

The result of the survey showed that the majority of auxiliaries would prefer to have the state convention every other year and the district meetings every year. So, please plan to have representatives from your auxiliary at the convention to vote on this possible bylaw change.

Tom Bell
President and CEO

May is a time to celebrate hospital staff and volunteers

The Kansas Hospital Association joined with millions nationwide in celebrating hospitals, health systems, and the women and men who support the health and well-being of their communities through dedication and care from the heart. Celebrated the first full week in May since 1921, National Hospital Week is a time dedicated to reinforce to our communities the valuable contributions hospitals make in caring for them 24-hours a day, seven days a week, 365 days a year.

Celebrating National Hospital Week gives all of us an opportunity to thank all of the dedicated individuals – physicians, nurses, therapists, engineers, food service workers, volunteers and auxilians, administrators and so many more – for their contributions. This annual observance celebrates the men and women who, day in and day out, remain committed to improving the health of their communities through compassionate care, constant innovation and unwavering, unmatched dedication. It also recognizes the miracles they help to make happen on a day to day basis, both large and small.

This year's theme is Caring Is Our Calling. National Hospital Week is a great time to share your hospital's story and the economic impact your hospital has on your community.

On behalf of the entire KHA staff, thank you to all auxiliaries who volunteer in Kansas hospitals. You play an essential role in the lives of individuals and communities across
Address Corrections

Did this newsletter go to the wrong address or person? If so, please notify the HAK Membership Secretary.
Rose Stroud
2525 Beacon Hill Street
Wichita, KS
Phone: 316-993-2467
Email: mossrose1947@hotmail.com

New Presidents and Other Auxiliary Leaders

Any time during the year that your auxiliary has a new president, don’t forget to send in a new Form 1 to the President Elect and Membership Secretary and your District Coordinator, so we can be sure to keep in touch with your auxiliary.

2018 HAK State Convention

September 5 - 6 - 7, 2018
DoubleTree by Hilton
10100 College Boulevard
Overland Park, KS

Host for the State Convention is District 2

Please send all of your news to the HAK Historian, Gwen Gately.
1448 Plum Ave
Windom, Kansas 67491
Email: billgwengately@gmail.com
If you have questions please contact Gwen at 620-755-1944

Send Auxiliary News Items to:
Diana Holloway
536 Oaklane
McPherson, KS 67460
phone: 620-242-8296

EMAIL: shyannie@cox.net
(Please email if at all possible.)

The deadlines for the 2018 HAK Sunflower Auxilian are:
August 15, 2018
November 15, 2018
**Bits And Pieces**

**Coffeyville – Coffeyville Regional Medical Center Auxiliary**

Spring greetings to everyone from Coffeyville Regional Medical Center Auxiliary! Winter is still hanging around and hopefully will be gone soon.

Seven of us attended our District 2 meeting in Pittsburg, Kansas this past week. The auxiliary did a great job on table decorations, and the fried chicken was delicious. We heard new ideas on projects, and the cell charger stations are a great idea, and we plan on exploring this idea and putting it into service at the hospital.

Our group had a skit, and we invited everyone to Coffeyville for the meeting next April. We have already been “brainstorming” and planning a meeting soon. We are excited to be hosts and want to host a fun and informative meeting. So, wish us luck.

We really struggled after the holidays with so many of our volunteers out of service due to the flu bug. Several volunteers worked extra shifts to help have a crew to fill our shifts.

We are having a book sale in May, and in June we will have our cookout and ice cream sundae sales day. The sundaes are very popular.

We are looking for an accessory sales company to come to our hospital and have a sale. We would like to have one close to the Christmas Holiday who sells Christmas themed items: watches, earrings, sweatshirts and decorations. If anyone has a name of someone who does this, please email me at: meredatucker@gmail.com

Enjoy the beauty of spring!
Mereda Tucker, President

---

**El Dorado - Susan B. Allen Memorial Hospital Auxiliary**

SBAMH Auxiliary Sewing Saints work on projects in the meeting/gathering room of the new Auxiliary House.

Susan B. Allen Memorial Hospital (SBAMH) Auxiliary was on the move in 2017! The Auxiliary now resides in a new home only a half block from the hospital. The older house was already owned by the hospital and had been used for interim staff. Renovations created a home for the Auxiliary on the first floor and staff housing upstairs.

After an Auxiliary team decorated the house, monthly board meetings have been held in the gathering room and it was the venue for our annual Auxiliary Christmas party. SBAMH Sewing Saints also use the Auxiliary House for their volunteer work.

SBAM Auxiliary Sewing Saints meet twice a month to sew, snack, and spruce up the Auxiliary House for each season. They sew and stuff toys for our youngest patients, make bonnets for our newborns, and construct chemo caps for clients at SBAMH Cancer Center. In 2017, these crafty volunteers created 598 toys, 249 bonnets, 21 dolls, 1 clown, and 123 chemo caps. They sold other hand-sewn items at our Christmas Open House and earned an extra $486.00 for the Auxiliary fund. Our new Auxiliary House is a wonderful place to meet and work and we are thankful to SBAMH for a place to call our own.

---

**Caldwell - Caldwell Hospital Auxiliary**

The Caldwell Hospital Auxiliary began their year with a successful fund raiser – the annual chicken and noodle dinner which the community always appreciates.

In March our Associate Members (individuals and businesses who send us a $25 donation) were honored with a

---

A happy person is not a person in a set of circumstances, but rather a person with a certain set of attitudes. - Hugh Downs
plate of homemade cookies. We do this to show our appreciation as their donations help us with our projects.

For “Doctors Day”, March 30, we give our local physicians “Caldwell Bucks” which they can use as they wish. To observe “Nurses Week” May 6-12 we will deliver trays of cookies to the hospital for nurses and other staff to enjoy.

May will find us having a covered dish luncheon before the meeting. We invite hospital management personnel and doctors to join us for the luncheon. Small poinsettias which are used for decorations are, after lunch, delivered to the patients in the “Sunflower Cottage” in the south end of the hospital so they can enjoy them while they continue to bloom!!

We will also be joined by our Scholarship recipient and his/her parent. At that time we present the recipient a $500 certificate. This is a student who has met our requirements and is planning a career in a medical related field. After they enroll in their selected school, we issue a check for same.

Sometime during the year we decide on a project for the year. It is always something that the local hospital and/or clinic has a need for. The Auxiliary helps with the Red Cross Bloodmobile with refreshments and service. We have also helped with a city-wide Health clinic.

December finds our group observing the Christmas season with a luncheon, followed by a short Christmas program and Installation of Officers for the upcoming year. We always look forward to our times together as friends and as an organization that promotes our local community hospital.

Dolores Subera, Secretary

Goodland – Goodland Hospital Auxiliary

The Goodland Hospital Auxiliary group recently donated funds to the Goodland Regional Medical Center to allow them to buy a blood pressure machine and a baby warmer. They also donated over $4000 to the Hospital so they could install two automatic door openers for patients to travel from the medical clinic to the hospital easier. The total amount donated was close to $15,000. Rae Stewert, Public Relations Coordinator for the hospital told the Auxiliary group how very much the hospital employees appreciate these items. They especially are enjoying the baby warmer that is being used constantly.

Hill City – Graham County Hospital Auxiliary

I want to visit with you today about something that every auxiliary in the state can do. Our auxiliary is responsible for all of the blood drives during the year. We have five altogether. We have three at the high school and two at the Catholic Center. These are community and high school drives. What I want to stress to you is to get your school involved. The Red Cross gives scholarships every year to seniors. Since they started this program, they are giving $3,000.

Our high school hosts blood drives in December, February and April, using the Student Council, FFA and KAYS. Then, in June and September, they help in some way, and that counts toward the scholarships. The school blood drives are from 8:30 a.m. to 2:00 p.m. In June and September they are from 12:00 p.m. to 6:00 p.m.

The principle and a person from our auxiliary will have to sign papers that will go to Bill Dinkle in Hays, the Red
There is a committee of the principle, club sponsors and the school counselors that pick which seniors are to receive the scholarships. I keep track of everyone who helps or gives blood from their freshman year to their senior year and submit the names to the committee. Last year they gave two seniors $1,250 each.

If you are interested in this project I would be glad to talk to your auxiliary, and I can visit your schools. We need to get the schools on-board because we need the younger generation to give blood due to the older generation not being able to donate. This is due to the medication the older generation takes and their general health.

This is something that all auxiliaries can do, and we need to help all we can.

Liz Van Loenen Boque

**Winfield – William Newton Memorial Auxiliary**

In November of last year, the CEO and some of the management requested to talk to us at our board meeting. They asked if we would be interested in financing the new Surgical Waiting area with a naming opportunity. The board decided to commit to a six-year $250,000 financial obligation ($41,700 per year), with a three-year contingency extension in case of a bad year. We made our first payment in December of 2017. I feel this project has given us clarity us purpose and a challenge.

We have two major money-making projects, the Pro-Am Golf Tournament and our Snack Bar and Gift Shop, along with four other money-making events. I have chosen to talk about the Snack Bar. The auxiliary volunteers run two shifts Monday through Friday, from 8:00 a.m. to 3:00 p.m. There is always a griller and a cashier. Many of us do two shifts a week. This is where the largest portion of our funds is generated. We have a small grill and offer breakfast, including biscuits and gravy, both hot and cold sandwiches as well as all kinds of snacks and drinks. The local churches provide three dozen homemade cookies every day. We recently teamed up with a local family who smokes meats. It is offered every Wednesday with different variations between 11:00 and 3:00. We have been averaging $350.00 for the four hour period and added an extra person for two hours to assist with the volume.

In addition, we have a mice gift shop that allows us to make more money. The DVS and another auxiliary volunteer purchase items from online vendors and are great at displaying our wares.

Last year we increased our bottom line with the help of a new and improved menu by $5000.00 over the previous year. It is our goal to increase that another $5000.00 this year!

We are so blessed to have 126 members with a very active board and 51 in-house workers.

Georgia Larson, President

**Topeka – St. Francis Campus – Community Partners**

The last couple of years have not been good for St. Francis. We got the news while all the health center is in tornado shelters, as a bad storm was approaching our city, that our facility is being put up for sale. Then staff, physicians, employees and volunteers started to leave. Leadership was then told to cancel all our vendors and events for the remainder of the year, and to pay down our Community Partners checkbook, and to make the decisions to choose which charities to support, which had always been our own.

Bad news hit out of the blue that we would be closing our health center to our community. But, we still had monies to donate. Leadership chose the Topeka Rescue Mission, which we had not ever given to before in a donation. What a better charity to support. We are now receiving their monthly newsletter. I just can’t imagine being homeless. When couples meet, marry and leave to start all over again, what a wonderful blessing. During Christmas, 4,022 people were served meals. They were given 11,685 gifts, and 615 people joined them to celebrate Christmas Day with a meal. 586,574 meals were served in 2017, that is up 44,800 meals from 2016. They will remain one of our charities from now on.

We thank you for all the prayers over the past years for us.
We do have new owners. Our doors didn’t close. We are just getting to know new staff and physicians with determination and enthusiasm. St. Francis Campus will be back as strong or stronger in our community as before. It just takes time.

Avis A. Cowhick
Leadership Council

Topeka – Stormont Vail Health Auxiliary

For the past 15 years, the Stormont Vail Health Auxiliary has sponsored uniform sales. The sale is done in conjunction with an area uniform sales company.

The company brings the product and personnel to run the registers and assist hospital employees with sizing and special ordering. The auxiliary volunteers assist by sacking and straightening merchandise. This event provides the Stormont Vail employees and volunteers the opportunity to shop for scrubs, comfort shoes and accessories at the hospital site. The length of the sale is two days and scheduled twice a year.

In October of 2016, Stormont Vail administration implemented a policy that designated specific uniform color by department. Understandably, the auxiliary was concerned that our sales would drop with the change. Our first sale (after the policy change) was held in September, 2017. The sales were well attended by the Stormont Vail staff and yielded $37,000 in sales and a $6,000 commission. Our next sale will be held March 8-9, 2018 and we anticipate another success!

Patty Pressman, President

Ottawa - Ransom Memorial Health Auxiliary

An Adult/Children’s Health Fair was held on March 17th and was well attended. The Auxiliary had a drawing for adults and for children.

The Ransom Memorial Health Awards Dinner was held in April. The auxiliary has 121 active members and had 16,279 volunteer hours for 2017. Hourly and yearly awards were given to 33 members. Elaine Roberts received an award for fifty-five years and Joyce Wasmund received an award for 4,000 hours as well as the President’s Lifetime Achievement award. Ann Maxwell was the Volunteer of the Year for 2017.

Ann Maxwell
2017 Volunteer of the Year

Twelve scholarships have been given out to residents of Franklin County totaling in the amount of $6,200. Eleven of the recipients attended the Awards Dinner.

During Hospital Week in May the Auxiliary gave each employee a free cookie from the Gift Shop. Also, the hospital provided a free barbecue lunch for employees one day, a free cinnamon roll one day, and free popcorn on two days.

Respectfully Submitted,
Carol Bauck, Secretary
**Council Grove - Morris County Hospital Auxiliary**

Morris County Hospital Auxiliary has had a busy year so far but, most recently we have been celebrating the wonderful people that keep our hospital running smoothly. In March we held a reception for our doctors in honor of Doctor’s Day. We presented them with a corsage or boutonniere, and then served them a brunch of fresh fruit and muffins, sweet breads, or cinnamon rolls all homemade by auxiliary members. Juice and coffee were also served. We certainly appreciate all our doctors and the time and energy they give doing their jobs.

On Apr. 30th the auxiliary volunteers were honored with an appreciation luncheon at our local First Baptist Church. It was served to all the volunteers that help with hospital activities. That includes the people who help with our local Blood Drives. The meal was catered to us by one of our retired nurses and her mother (she made all the pies) and served by several hospital staff members. The theme for the luncheon was “Volunteers Make the World a Better Place”. We were sent beautiful invitations in the mail, the tables and room were decorated in bright spring colors with tissue paper flowers. The meal was delicious, and we even had entertainment. A local, newly formed band from the high school performed. Our new CEO, Kevin Leeper, gave an appreciation speech to us all and updated us on several things happening at the hospital. To top that off, they even presented us each with a gift. What a fun time we had! We were honored to have our District 3 Coordinator, Jeannette Butler, as a guest at our luncheon too.

Most recently, our auxiliary honored our hospital staff with a fun “Pop and Popcorn” party to celebrate Hospital Week. We decorated the cafeteria with a sign and colorful flower table decorations and served them a glass of pop and a bag of popcorn when they came in for a break. It didn’t take long for the staff to come running when the smell of freshly popped popcorn permeated the halls of the hospital. They even smelled it up at the front desk!

We feel very fortunate to have such a wonderful, hard-working, and caring staff at our hospital. It is a joy for our auxiliary to serve them and help them in any way we can.

Diane Jernigan, President

---

**Hays - HaysMed Volunteers**

HaysMed Hadley Courtyard Garden

John Fitzthum, Director of Food Services at HaysMed gives a presentation to the Volunteers and shows the beginning stages of the garden.

In a volunteer effort, John Fitzthum and the Rock Garden Cafe department with a gracious $5,000 gift from the HaysMed Volunteers has started an herb and vegetable garden in the Hadley Courtyard at HaysMed. The garden can be seen by patients, guests and Associates from Special Nursing Services, ICU waiting room and Respiratory Therapy offices. The planning for the garden began in the fall of 2016 when above ground beds were purchased and composting began from the fresh fruit and vegetable rinds that are cut daily in the Rock Garden Cafe. Last year because of time constraints and the need to build up soils, no herbs or vegetables were planted.

This year is a different story, in early March 2018 seed was planted, grown inside, and will be placed in the above ground planters in the coming weeks. The varieties include zucchini, squash, tomatoes, cucumbers, lettuce, spinach, rosemary, thyme, sage, cilantro and parsley. To help with the pollination of the garden a Flo-Hive enclosed harvesting bee hive was placed and the Queen Bee arrived from Georgia last week. Not only will the bees help pollinate the HaysMed garden; they will help pollinate the local fields and wildflowers. A huge THANK YOU to the HaysMed Volunteers for making this garden at HaysMed become a reality with their generous donation!

---

The human spirit is stronger than anything that can happen to it. - C. C. Scott
HOW TO HAVE A BEAUTIFUL LIFE

Love yourself. Make peace with who you are at this moment in time.

Listen to your heart. If you can’t hear what it is saying in this noisy world, make time for yourself.

Enjoy your own company. Let your mind wander among the stars.

Try. Take chances. Make mistakes.

Life can be messy and confusing at times, but it is also full of surprises.

The next rock in your path might be a stepping-stone.

Be Happy

When you don’t have what you want, want what you have.

Make do. That is a well kept secret of contentment. There aren’t any shortcuts to tomorrow.

You have to make Your Own Way. To know where you are going is only part of it.

You need to know where you have been, too. And if you ever get lost, don’t worry. The people who love you will find you. Count on it.

Life isn’t days and years. It is what you do with time and with all the goodness and grace that is inside you.

Make a Beautiful Life ….. The kind of life you deserve.

Author Unknown

Never put the key to your happiness in somebody else's pocket.