From Diana’s Desk

I came across this as I was going through some papers. I thought it is so true, so I want to share it with you.

Everyone Does Their Part!
By Michael Rogers

One windy March day the Mayor of the town decided to take a stroll across the park. He ran into a small boy who was flying the biggest and most beautiful kite he had ever seen.

It soared so high and gently across the sky that the mayor was sure it could be seen in the next city. This little town didn’t have very many things that were spectacular, so the Mayor decided to award a “key to the city” to the one responsible for such a beautiful thing.

“What is responsible for flying this kite?” the Mayor asked.

“I am,” said the little boy holding with all his might to the beautiful big kite. He said, “I made this huge kite myself, with my own hands. painted all of the colorful pictures on it, and I fly it!”

“I am,” said the wind. “It is my breeze that keeps it in the air flying so big and beautiful. Unless I blow on it, it will not fly at all. I fly it!”

“No, so,” claimed the kite’s tail. “I make it sail and give it stability against the wind’s blowing gusts. Without me the kite would spin out of control and not even the boy could save it from crashing to the earth. I fly the kite!”

So, who flies the kite?

They all do, don’t they?

In the day-to-day hustle and bustle of volunteering it is easy to forget that everyone flies the kite. Without the team, the leader would never be successful. Without a good leader the team would fail. Both need each other. And each person on the team need one another as well. They all fly it!

What kite are you flying?

Tom Bell
President and CEO

We CARE We VOTE
As we celebrated Independence Day this year, I thought about the adoption of the Declaration of Independence 242 years ago. As a document, the Declaration of Independence is like many of those drafted by our Founding Fathers—elegant, articulate and to the point. Obviously, we tend to focus on the "We hold these truths to be self-evident" sentence. But the following sentence, which implores that governments derive "their just powers from the consent of the governed," is equally important, especially as we approach important upcoming elections in our state.

This concept, contained in one of our government's founding documents, is the reason we are repeating our successful We CARE We VOTE campaign. We CARE We VOTE is a statewide initiative to empower and educate health care workers (employees and volunteers) across the state about what is at stake for Kansas hospitals this election year.
I hope these resources are helpful in encouraging hospital auxiliaries to vote in the 2018 election to show elected officials and candidates that we care – for our patients, our communities, and our local and state economies.

We mailed a We CARE We VOTE toolkit to each hospital. We urged hospitals to you this toolkit to promote the importance of electing leaders who prioritize healthy Kansas populations and healthy Kansas economies. Items that might be of specific interest to auxiliaries include: We CARE We VOTE lapel pins, a series of sample candidate questions about health care topics, information about voter registration and advanced voting, as well as a list of candidates that the KHA-PAC supported because they support hospital-related issues. These items can be found online at www.kha-net.org/Advocacy/WeCareWeVote/.

It is important to remember that our elected officials hold their positions in Topeka and Washington because we send them there. It's up to us to learn which candidates for those positions favor policies that support access to health care in our state. They need to know that We CARE and We VOTE.

Address Corrections

Did this newsletter go to the wrong address or person? If so, please notify the HAK Membership Secretary.

Rose Stroud
2525 Beacon Hill Street
Wichita, KS
Phone: 316-993-2467
Email: mossrose1947@hotmail.com

New Presidents and Other Auxiliary Leaders

Any time during the year that your auxiliary has a new president, don’t forget to send in a new Form 1 to the President Elect and Membership Secretary and your District Coordinator, so we can be sure to keep in touch with your auxiliary.

2018 HAK State Convention

September 5 - 6 - 7, 2018
DoubleTree by Hilton
10100 College Boulevard
Overland Park, KS

Host for the State Convention is District 2

2018 HAK Board Members

President………………………….Diana Holloway, McPherson
President Elect …………………...Linda Staiger, Liberal
Immediate Past President………Pat Martin, Fredonia
Recording Secretary …………..Kathy Norris, Garnett
Membership Secretary…………..Rose Stroud, Wichita
Treasurer …………………….Dottie Letellier, Chapman

District Coordinators:

District 1………………………Ginny Lancaster, Ottawa
District 2………………………Sally Emerson, Garnett
District 3………………………Jeannette Butler, Salina
District 4………………………Roy White, Wichita
District 5………………………Diane McReynolds, Woodston
District 6………………………Connie Richmeier, Liberal
Counselor ……………………Pat Martin, Fredonia
Historian ……………………..Gwen Gatley, McPherson
Parliamentarian………………Floyd Joliette, Gerard
Sunflower Auxilian Editor ……..Diana Holloway, McPherson
Legislative Chairman………….Pat Martin, Fredonia
Nominating Chairman ………..Pat Martin, Fredonia
Convention Chairman ………..Peggy Ogle, Fredonia
Convention Co-Chair………….Pat Bruce, McPherson
Convention Co-Chair…………Sally Emerson, Garnett

Please send all of your news to the HAK Historian.
Gwen Gatley.
1448 Plum Ave
Windom, Kansas 67491
Email: billgwengately@gmail.com.
If you have questions please contact Gwen at 620-755-1944

Send Auxiliary News Items to:
Diana Holloway
536 Oaklane
McPherson, KS 67460
phone: 620-242-8296
EMAIL: shyannie@cox.net
(Please email if at all possible.)

The deadline for the last HAK Sunflower Auxilian for 2018 is November 15, 2018
The Pawnee Valley Community Hospital Auxiliary met on May 21 where members were recognized for their many hours of service in 2017.

Grethe Jensen (pictured) was recognized for contributing in the 500-599 hour category.

Those contributing 300-399 hours are Meribeth Busenbark, Alicia Bixby, Marcia King, and Cindy Perez. (pictured left to right)

Also recognized were those contributing 200-299 hours. They are Melinda Axman, Carolyn Haas, Celine Hall, Barbara Hammond, and Ruth Stewart. Those volunteering 100-199 hours are Joan Bohart, Connie Carlton, Dianne Connelly, Thyra Frazier, Anne Graner, Jane Kauer, Cathy Schoonover, Laurie Seeman, Janet Skelton, Judi Tabler, and Carrol Walker.

These workers accumulate hours through serving at the front desk, maintaining the gift shop (buying trips, organizing, pricing, etc.), putting on the yearly Gift Show at the Community Center, sewing and creating needful household items including the beautiful quilts given as door prizes, hosting hospital staff appreciation teas, sponsoring and selling tickets for the Luminaries at Christmas, and much much more.

Any interested in joining this worth-while group is welcome. Contact a member, where you will be welcomed with open arms. Men are welcome.

Fredonia - Fredonia Regional Hospital Auxiliary

Sometimes we need a wake up call.???

As president of our auxiliary, you get so focused on what has to be done for the next meeting, what reports need to be sent in for the gold seal award, that you lose sight of what is happening around you. All of a sudden you break a leg and are out of commission for the next six weeks. Then is when you find out how many are helping you meet all those goals. You are part of a team. Your officers step up and take over and keeps everything going WITHOUT YOU!! This is great! This is the way it should be! We are ALL making our auxiliary be the best it can be. Sure you miss being at the meetings, but you know everything is OK! I don't wish a broken leg on anyone, but we need to stop and realize we are a small part of a great team. We are all doing our job and reaching our goal of being the best auxiliary we can be for our hospital. THANKS TEAM!!

Barbara Noah, President

Hiawatha - Hiawatha Community Hospital Auxiliary

The Hiawatha Community Hospital Auxiliary purchased a new colposcope for the Family Practice Clinic. A colposcope is essentially a large microscope that aids in the visualization of a women’s cervix, if she has an abnormal pap smear. The providers see a closer view of the abnormal cells that may be pre-cancerous or cancerous, which is vital to correctly diagnose the abnormality and get the patient proper treatment. The machine also has a digital component with a camera to capture pictures of the cervix and save to the patient’s medical record. The colposcope enhances women’s healthcare offered by the clinic.

“It’s an exciting time at the clinic,” said Dr. Jessica Jarvis. “I am thrilled to have great equipment to help us provide the best care to our patients, and I am grateful to the Hospital Auxiliary for their commitment to the hospital and willingness to donate the funds necessary to purchase the colposcope.”
The Hospital Auxiliary hosted their annual Candy and Cookie Sale Fundraiser on Dec. 7th. The Hospital Gift Shop had a wonderful selection of clothes, home décor, baby clothes – truly something for everyone on your shopping list! All proceeds from the Cookie and Candy Sale and the Gift Shop go to the auxiliary to help purchase items for different departments within the hospital.

**Ulysses - Bob Wilson Memorial Grant County Hospital Auxiliary**

BWMGCH Auxiliary hosted its third annual Chocolate Affair just prior to Valentine’s Day. Each member made several chocolate items (cookies, cakes, candies, chocolate-covered strawberries, for example) to sell in the hospital lobby. Sales were brisk until all items were sold. The proceeds will go toward our scholarships and hospital-benefitting projects.

Ten scholarships of $750.00 each were presented by BWMGCH Auxiliary to 10 Grant County high school students and adults who are pursuing careers in the medical field. Four scholarships were awarded to prior recipients who are now in college. Two are employees at BWMGCH in Ulysses, and one is a Stanton County Hospital employee. The remaining three recipients are this year’s graduates who will be entering college this summer or fall.

BWMGCH Auxiliary recently purchased two automatic CPR vests. These vests are used for heart attack victims, and this type of vest has saved 60% of the victims on whom it was used, while manual CPR saves an average of merely 10%. One CPR vest went to our hospital’s ER, and the other was presented to our Grant County EMT’s. We also purchased one demo dummy for the ER, since the EMT’s already own this item. The CPR vest and demo dummy for the ER cost Auxiliary $16,530.49, and the EMT’s CPR vest was $14,306.89. We are more than delighted to report that our EMT Director reported that their CPR vest has already saved one life in our county. This is well worth the expense.

Burlington - Friends of Coffey Health System

Friends of Coffey Health System presently has 38 volunteers working in the gift shop, emergency room and the information desk at Coffey County Hospital.

Last year the organization awarded two $1000 scholarships to Courtney Goetz and Haley Crupper. The same amounts will be awarded again this year. Applications have been sent to all the schools in Coffey County.

CHS volunteers are happy to help with bake sales for those associated with CHS who have special needs. Four sales were conducted in 2017 to assist CHS families with medical expenses. On January 23, 2018 a bake sale raised money for two families with newborns in NICU units in Topeka and Kansas City. Expenses, including travel, mount quickly for families during extended NICU stays, so Friends of CHS was happy to help.

Coffey County Hospital hosts six community blood drives throughout the year. The auxiliary distributes flyers, notifies the local newspaper, places notices in church bulletins and makes calls and appointments.

At the bi-annual health fair, volunteers enjoyed making snow cones for everyone and hosting a recruitment booth.

Through the gift shop, Friends of CHS offers many special promotions.

- Onesies and hand-made crocheted caps are given to all newborns.
- Employees receive a 10% discount everyday.
- Frequent buyer cards are available for pop, candy bars, ice cream, cookies, jerky, pretzels, etc. These cards are punched each time the holder makes a purchase and are redeemed for the same free item when the card is filled. This totaled $209.25 in 2017.
- Free cookies or cappuccino are given to all women who have a mammogram each year. These donations totaled $317.55 in 2017.

One of the auxiliary’s largest annual projects is collecting and sending military care packages to Kansas soldiers stationed overseas. This started nine years ago and is getting bigger and better each year. Eighteen care packages were collected in 2008, and the program has grown.
exponentially since then. This year 195 boxes were sent! In total, we have sent 975 boxes to our troops. Postage cost this year was $3400, which was offset by $3473 collected in donations. 25 volunteers and community members helped assemble and pack the boxes for delivery before Christmas. Volunteer Linda Booth started this project and is greatly commended for her work and time.

Friends of CHS newest project is CareLine Clothing for the hospital’s emergency room. With a starting donation of $500, we were able to cover the purchase of clothing needed for patients in emergency situations. Basic items were purchased in all sizes so that when an ER patient’s is damaged (torn or stained from accident or cut off during treatment) or held as criminal evidence, our patients can leave the ER with dignity, even if they don’t have replacement clothing available.

The following officers will serve in their respective offices again this year.
- President and Co-chairman - Lois Brinkman
- Co-chairman - Sherri Volland
- Secretary - Joyce Hopkins
- Treasurer - Judy Rhodes

**Lawrence – Lawrence Memorial Hospital Auxiliary**

LMH Auxiliary received the Watkins Community Caring Award

The LMH Auxiliary was pleased to receive the Watkins Community Caring award at the Lawrence Memorial Hospital Endowment Association Annual Meeting on March 26, 2018. The Endowment Association gives the Watkins award to recognize those who have given "outstanding support to Lawrence Memorial Hospital through gifts of time, talent or treasure.” The LMH Auxiliary was recognized because we have donated money from Gift Shop and Mario’s Closet sales to support the initiative to renovate the Cardiac Catheterization Lab at the hospital. The LMH Auxiliary pledged $250,000 toward this renovation project. The Auxiliary was well represent-

Pictured you will see Bev Bartscher, Auxiliary President receiving the award being presented by Rebecca Smith, LMH Endowment Executive Director and Earl Reineman, LMH Endowment Major Gifts and Planning Manager. In the foreground taking the photo is Russ Johnson, LMH President/CEO.

**Junction City - Geary community Hospital Auxiliary**

At a short ceremony on May, 7th, Emma Manion was honored for 50 years of dedicated service to the Geary community Hospital Auxiliary. Due to health concerns, Emma is no longer able to work at the hospital desks or in the gift shop as she did for many years; but she supports the auxiliary monetarily and with notes of encouragement and shares accolades for each project the auxiliary does for the hospital. Emma continues to be an inspiration for each auxiliary member.
**Marion - St. Luke Hospital and Living Center Auxiliary**

2018 is going to another busy year for St. Luke Hospital and Living Center Auxiliary. We have pledged $125,000 toward an addition to the St. Luke Medical Clinic, a pediatric room, and the remodeling project of St. Luke Living Center. Profits for our Auxiliary Shoppe are $90,043.06, so we are off to a great year again.

Volunteers are what keep our Shoppe profitable. We have ten to twelve people who come in on Monday and Tuesday mornings who sort, price and display new merchandise. Business hours are noon to five on Fridays and nine to one on Saturdays, eleven hours per week. We have sixteen cashiers and sackers on duty each weekend.

Some of the major projects have been: $25,000 for remodeling the Radiology Department, $25,000 for remodeling of the waiting room of St. Luke Medical Clinic, remodeling at the Living Center plus a bariatric lift was purchased. We also give $1,250.00 toward scholarships. Shoppe building improvements have been: new LED lighting; new air conditioning units, and masonry work on the building.

Auxiliary members provided Homemade Valentine Cookies to all St. Luke Employees, and for National Doctor’s Day, personalized cards were mailed to each provider in the medical clinic and hospital. We continue to show appreciation to all doctors, nurses and employees of St. Luke Hospital and Living Center.

Mary Griffith, President

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**Wichita – Wesley Healthcare Auxiliary**

The Wesley Auxiliary is pleased to announce that two outstanding volunteers have been awarded the coveted Wesley Auxiliary Achievement Award. Rose Stroud and Marsha Rogers are well deserved recipients, and it is a great honor for all the auxiliary members and Wesley staff to work with them.

Rose Stroud has been a volunteer for over eleven years and has logged in more than 5,000 hours. She has held every leadership position available on the Wesley Healthcare Auxiliary Board. She is equally active on the Hospital Auxiliaries of Kansas Board. Rose has held the offices of treasurer, president-elect, and president and is currently membership secretary on the state board. We like to joke that Rose has held about every position except CEO of Wesley Hospital! Rose also finds time to be very active in Wesley Friends. She is hard-working, loyal, cheerful and dedicated. She gives 150% of her efforts 150% of the time, making her a Wonder Woman!

Marsha Rogers is our Wesley Auxiliary power house and has logged over 8,000 volunteer hours. She has held numerous board positions and regularly attends district and state conventions. She is active in her church and also volunteers as an elementary school classroom aide. Marsha’s work making pillows for pediatric patients is the stuff of legend. She and her volunteer team turn out over 500 pillows a month, every one of them made with a lot of love. Marsha has boundless energy, a positive attitude and never fails to lift the spirits of everyone she encounters.

We offer our congratulations to Rose and Marsha for this long overdue recognition of their efforts and dedication.

Jim Dake, Auxiliary President

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**Pittsburg - Mount Carmel Auxiliary (Via Christi – Pittsburg)**

This past Christmas Mt Carmel Auxiliary partnered with the community and adopted over 170 children in foster care at Christmas. The value donated was over $20,000. We also donated school supplies for the children in foster care. Several of our members made quilts, and we donated them to the children in foster care, nursing home patients, a women’s shelter, and the police department. We also donated new baby clothing and items to a local baby-mom support group at the Community Health Center.
In April we hosted the HAK District 2 meeting in Pittsburg. We appreciate all the volunteers and officers that attended. Each district presented a report, a business meeting was conducted, and lunch was served. We wish to express our gratitude to all of the volunteers who so generously helped make this event a success.

In the past year we had outings to Branson, Weston, MO, Kansas City, and we are planning a fall outing to Pawhuska to The Pioneer Woman. We also invited two local auxiliaries to attend our outings.

In April we hosted the HAK District 2 meeting in Pittsburg. We appreciate all the volunteers and officers that attended. Each district presented a report, a business meeting was conducted, and lunch was served. We wish to express our gratitude to all of the volunteers who so generously helped make this event a success.

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The proceeds from this year’s run will go towards New Signage for the Phillips County Medical Clinic. A SPECIAL THANK YOU to all those that participated and helped in any way.

Lindsay Johnson—Ladies’ Division Winner

Kerry Kellerman with wife, Rhonda—Men’s Division Winner

Liberal - Southwest Medical Center Auxiliary

The Spring General Meeting of SWMC Auxiliary featured a SHOW and SHARE table. Items from the Gift Shop were cleverly displayed on a center table. Several times during the morning, these words were heard: “I didn't know we had this” or “I've got to have this.” What a good way to increase sales for the Gift Shop!

The Marketing Department of Southwest Medical Center presented a video presentation of items purchased by the Auxiliary for the hospital in the last 2 years. Wow!

During our brunch, we were entertained by Janice Diaz and Jocelyn Poppas. They were delightful. Scrapbooks for the last 10 years were on display. Members had a great time looking and remembering.

Two members were unable to attend the District 6 meeting so their HAK Service Awards were presented at the Spring Meeting. Jana Widener was recognized for 20 years of service and Dena Allen was recognized for 10 years.

Phillipsburg - Phillips County Hospital Auxiliary

“SPRING HAS SPRUNG”

Juie Elliott was not only an active member of the Phillips County Hospital Auxiliary, but she worked at the Phillips County Medical Clinic for over 20 Years. She was Auxiliary Secretary, Co-Worker, and Great Friend to many. She loved planting her flowers in the spring. She enjoyed spending time with the residents at Phillips County Retirement Center by delivering and reading their mail. At Christmas time, Julie would order meat and cheese trays for the different departments at the Hospital and Clinic for the Hospital Auxiliary.

In January of 2016, Julie passed away very suddenly and unexpectedly. That first spring the First Annual “Spring has Sprung” 5K Run/Walk was held as Julie was an avid walker. It was an amazing turn out of family and friends coming together to honor her memory.

This year was the 3rd Annual 5K Run/Walk. “Mother Nature” presented blizzard like conditions—not once but twice! On the third attempt, it was a BEAUTIFUL Spring morning with many attending. Julie is truly missed.

One of the many donations made to the children in foster care.

We think you’re kind of a big deal.
Columbus - Mercy Columbus Hospital Auxiliary

Mercy Columbus Hospital Auxiliary met May 25th to assemble 100"Stop the Bleed Kits" for the hospital. These kits include 3 Quick Clot, 4x4 dressing, two 3” conforming gauze, 1 C. A. T Tourniquet, 6 pair of disposable gloves, 1 black permanent marker, 1 pair scissors and a Stop the Bleed Booklet.

The kits were assembled and the Mercy logo applied to each black canvas bag.

The bags are to be used in emergency situations where a wound has occurred. After training by hospital personnel the kits have been provided to the Cherokee Sheriff’s Office and the Columbus Police Department.

When training by hospital personnel has been completed, the kits will be provided to school personnel and any local resident who wishes to have one.

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Atchison - Atchison Hospital Auxiliary

Aloha to all. Our Summer Luau and General Membership meeting was held June 13th, 2018 in the Atchison Hospital Cafeteria. We enjoyed the social hour and grass skirts were furnished for all to wear and have their pictures taken along with everyone receiving a lei to wear. “Joe Cool” pineapples and fly swatters adorned our tables for the Luau.

John Jacobson, CEO, joined in the fun and spoke about the qualities that make a difference in Volunteers. They are appreciated, helpful, supportive, encourager, patience, listener, have wisdom and experience.

The highlight of the evening was a presentation from the Physical Therapy Department given by Margo Charitier. She spoke about the expanded services in the new heated Therapy pool which is located at the YMCA. They offer therapy for recovering from serious surgery or injuries as in low impact on the body’s joints and muscles during exercise along with a wheelchair ramp for easy access ability. Hours are Monday-Friday from 9-3 and very excited to offer this service for their patients.

Jim McCubbin took many charming photos of our members in hula skirts, straw hats and wearing a Big Smile. Louise Winters, Past President, presented the service pins and certificates to 22 very deserving members.
Diana Rooney, President, presented two Guardian Angel awards, one to Karen Falk and the other to Jeanne Durkin.

The Auxilian of the Year award was presented to Virginia Voelker for all the work and efforts she has contributed to the organization in her 15 years of service. Her family members were present to celebrate in her recognition.

Many other activities have kept our members busy in 2018. We had a very successful Golf Tournament which was held May 11th. In July we had Scholarship interviews along with the “Twice as Nice Thrift Store” having updates and improvements made. Also we had Christmas in July at the Sunflower Gift Shop.

We are proud of the 14,352 of volunteered hours which equal 1794 8-hour work days.

MAKING A DIFFERENCE—TODAY—TOMORROW AND ALWAYS.

Diana Rooney, President

Emporia – Newman Regional Health Auxiliary

The Newman Regional Health Auxiliary has awarded $12,750 to 17 college students pursuing educations in health care.

Ryann Brooks/Gazette From left, Newman Regional Health Auxiliary Volunteer Sarah Mounkes, scholarship recipients Emily Samuels, Abby Maycock, Alexa Thomas, Colleen Smith, Ivy Ables, and Hospital Volunteer and Social Media Coordinator Jessie Wagoner

Madison Anderson, Emily Samuels, Alexa Thomas, Mary Turner, Margaret Clark, Matthew Finley, Macrae Wilkins, Ivy Ables, Abby Ables, Abby

Maycock, Colleen Smith, Kortnie Harrison, Daryn Crawford, Lindsee Colglazier, Landrie Whitson, Kelly Flowers and Codi Wentzel each received $750 from the auxiliary to help with education expenses for the Spring 2018 semester.

“This year we had 26 applicants and we ended up awarding scholarships to 17 of those applicants,” Hospital Volunteer and Social Media Coordinator Jessie Wagoner said.

“Several of the applicants that applied are still in high school, and since this is a semester-by-semester scholarship, we encourage those who didn’t get a scholarship this round to please apply again next semester because they will be eligible then.”

Abby Maycock is majoring in nursing at Emporia State University. Maycock said the scholarship will take some pressure off of her as she moves toward finishing her degree.

“It definitely helps a lot, and it kind of takes a little bit of the stress off so you have more time to focus on school,” she said. “I won’t have to work as much, so I’m looking forward to really focusing on school. I’m really honored.”

Maycock said she wanted to go into nursing in order to help people, as well as the opportunity to work in an always-changing environment.

“I knew I definitely really wanted to be in the helping field and I’ve always sort of leaned toward the medical area,” she said. “Really, I just wanted to do something that was different every day and that was hands on. I didn’t want to be stuck in an office. I really want to be with people and help them out.”

Lebo native Ivy Ables is pursuing a graduate degree in physical therapy from Wichita State. Ables said she has one more year in the program and is looking into a career in traveling physical therapy. She said she was grateful for the scholarship.

“It’s very helpful,” Ables said. “Tuition for grad school is quite a bit, so I’m really thankful to be awarded this scholarship. It will definitely go toward my tuition.”

Ables said she’s been working toward becoming a physical therapist since a back injury several years ago.

“I had physical therapy for a back injury when I was a sophomore in high school,” she said. “Ever since then I’ve been really driven toward physical therapy.”

Positive anything is better than negative thinking.
~Elbert Hubbard
Wagoner said the Auxiliary is able to raise money for the scholarships through gift shop and snack bar sales, as well as extra fundraisers throughout the year.

“Our volunteers work so hard throughout the year,” she said. “They work at the gift shop as well as the snack bar, which are two of our main sources of revenue to raise funds for our scholarships. They also hold various fundraisers throughout the year. A lot of that support actually comes from hospital employees, but we always invite the community in.”

Wagoner said many unique items are available at the gift shop and she encourages people to stop by and check it out.

“All of that money stays here in the community either for scholarship funds or for equipment purchases for the hospital,” she said.

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Coffeyville - Coffeyville Regional Medical Center Auxiliary

The auxiliary at Coffeyville Regional Medical Center recently acquired two cell phone charging stations for our hospital. These were placed in the emergency room waiting area and one day surgery waiting room. We have received many thank yous for providing these. We “borrowed” this idea when we attended the district meeting in Pittsburg, KS this spring.

We had a very successful scrub sale in May, an ice cream sundae sale in June, it’s always popular. Our cookout in June was fun and, everyone enjoyed it. Our facilities crew volunteered to cook the hamburgers and hot dogs.

Coffeyville Auxiliary is hosting the district meeting next April and, we have formed a committee that is working on the details. We are excited about this and, we’re looking forward to being the hosts.

Several of our volunteers are making plans to attend the state meeting in September. This is always a fun informative time.

Fort Scott - Fort Scott Mercy Auxiliary

Fort Scott Mercy Auxiliary has been busy. We just had our Annual Meeting.

Our Christmas Show was a big success as was our Spring Show. We appreciate these sales and our sales in the Gift Shop because we can to give back to the hospital. Something new in our Gift Shop is our “Bargain Corner”. We have merchandise marked down in that area and it has proven to be very successful. This past year we were able to give $22,573.88 to Fort Scott Mercy to be used to purchase items for different departments in the hospital.

We also offer 5–$200.00 scholarships for students going into the medical field at Fort Scott Community College.

Bob Vanderhoff, Vice President, Betty Kearns, Secretary, Shirley Schaefer, Scrapbook. Front: Mereda Tucker, President
each semester. Each year we are honored at our Annual Meeting with someone that received a scholarship telling us what receiving the scholarship meant to them and their future plans.

Our Auxiliary has volunteered 9,214 hours during the year. We have 47 members and are always looking for new members.

We are looking forward to another productive year for our Auxiliary.

Linda Deer, Secretary

**Hays - HaysMed Volunteers**

This has been a busy and exciting summer for the HaysMed Volunteers! In June, the HaysMed Volunteers received the quarterly Customer Service Award at HaysMed. The HaysMed Volunteers are a vital part of the organization. There are approximately 200 Volunteers... 100 of those active in our organization on a monthly basis. HaysMed Volunteers are the face of HaysMed. They are typically the first person you see when you come in our front doors. You can see Volunteers at 4 information desks, in the Gift Shop, involved with crafters and sewing committees, monthly blood screenings, blood drives, and even embroidery! There is a Volunteer on the Foundation Board and the Patient/Family Advisory Committee. Our Volunteers donate over 22,000 hours each year! This summer, we had 21 Volunteers!

New this past year, Volunteers began staffing the Surgical Waiting Room from 7am - 5pm Monday through Friday. This has been a huge help to have someone at the desk when patients arrive for surgery. In addition, the Volunteers purchased an embroidery machine and have been busy putting The University of Kansas Health System logo on apparel items for Associates. They charge $7 and the turn-around time is within a day or two, making it very convenient for Associates.

Volunteers generate funds through the Corner Gift Shop, monthly blood screenings, the Annual Bazaar, embroidery, and all of the Book Fairs, Scrub Fairs, Jewelry Fairs, Etc. These funds are used to assist departments with individual needs such as providing clothing for the ED Closet, stickers, stuffed animals and toys for pediatric patients, Happier magazines for patients, the new Hadley Courtyard garden, upgrades to the Fitness Trail, new equipment in the Play Center at CHI, and many, many other projects! The Volunteers also support the HaysMed Foundation through their capital campaign and annual giving. We appreciate all that the HaysMed Volunteers do for HaysMed, our Associates and most importantly, our patients.

Photo Caption: Members of the HaysMed Volunteer Executive Board receive the quarterly Customer Service Award

**Concordia - Cloud County Health Center Auxiliary**

Cloud County Health Center Auxiliary has been busy this year. We continued our ice cream sundae sales to employees twice a month, even during the winter. The Auxiliary participated in Christmas Tree Lane, a fun event that involves the whole community. In the spring we held a Soup Supper and Bazaar, which included some raffle items and a silent auction with many items donated by businesses and individuals. We held fundraisers with linens by Geneva Distributing, HCI Fundraising, and Scrubs On Site.

A new fundraiser we tried this year was serving goodies from the concession stand at the Broadway Plaza. The Plaza is an open downtown park with a huge (19x10 feet) LED screen, outdoor tables & chairs, a splash pad, and concession stand. The City of Concordia and the Community Foundation for Cloud County provided a series of free movies and concerts throughout the summer on the Broadway Plaza.

Our CCHC Auxiliary worked the concession stand for the movie “Back to the Future” on Sept. 14th. We served pulled pork sandwiches, caramel apple slices, nachos, popcorn, cookies, and brownies. The evening was very profitable.
An estimated crowd of 150 people came to watch the movie.

This year we have agreed to provide concessions on Sept. 13th for the movie “Grease.” We plan to serve root beer floats, vanilla cokes, chili dogs, and other great 50’s food. In keeping with the era theme, Auxiliaries will wear bobby socks and poodle skirts. Those with long hair will have pony tails. We may or may not be serving on roller skates. It should be a fun evening!

Pratt - Pratt Regional Medical Center Auxiliary

The Pratt Regional Medical Center Auxiliary started 2018 with learning how to keep safe in case disaster strikes. The Community College had an active shooter exercise which the hospital participated in. Then we asked our Hospital Safety Officer to give the auxiliary a report on the exercise and the Scenario of Run, Hide, Fight. She also reminded us of the procedure if a tornado is spotted. It’s a good idea to keep informed.

The hospital has started a program, called AIDET to better serve our clientele. The rules are more extensive for other departments, but the idea is the same.

A - Acknowledge the person
I - Introduce yourself
D - Duration – let the patient know the expected wait time in that area
E - Explain where we are taking them and why
T - Thank them for coming to our Hospital

A fun time was had at our awards event. A decision was made to have a 50’s Theme. Table top jukeboxes and records were made for the centerpieces. Lunch served was hot dogs, hamburgers, French fries and all the trimmings. After the awards were presented, root beer floats were served. Trivia games of the 50’s were played. The root beer floats were a definite hit.

The setting for our membership meeting was a bus trip to Rosewood Winery and Horse Ranch. The Winery was designed to provide employment opportunities to people with development disabilities. The goal is to help people “Celebrate Life” by creating an environment to develop skills that inspire self-worth.

The Ranch is a therapeutic equestrian program and has three or four certified instructors. The outstanding horses are the inspiration for the names of the wines. The wine is made by a special Artisan process, made in small batches and bottled by hand. This procedure allows them to continue the program throughout the year. Each bottle has a short story about the horse for which it is named, the contribution to the therapeutic riding program and the enjoyment they brought to people. The flavors of the wines are grown right there – blackberries, strawberry, peaches etc. It is a wonderful place with the trees, the grapes, and the fruits. I also enjoyed all the statutes on the grounds - most were of children, dogs, and horses. Beautifully cast and a perfect setting for this wonderful art.

They also have a furniture factory. We did not visit that facility but saw some of the beautiful furniture. After the tour we had an opportunity to sample some of the wines and buy some to take home. A fun part of the trip was the bus ride and getting to know each other better. Plans were to have games and singing the “oldie songs”, but everyone was having such a good time, we never got around to singing and games.

Outings are fun and we will be planning more.

Ruby Strong,
President

The kids text me “plz” which is shorter than “please”. I text back “no” which is shorter than “yes”.
Neodesha—Wilson Medical Center Auxiliary

Summer is nearly over. Our Auxiliary has been busy spending money. We gave $7,500 to the WMC Foundation to help pay off the permanent location of the KS Cancer Center in our hospital. We were then approached to help fund the Rehab U started for hospital patients, in June. We donated $500. IN August we were asked to underwrite activity booklets for 5 and under children, who come to Wilson Medical Center. We will support this endeavor up to $500.

Our front desk volunteers have gained two new members this summer. A returning teenager volunteered on Friday mornings. Jan Baldwin, Auxiliary Vice-President was the Volunteer of the Year. She put in over 500 hours making sure the front desk volunteers were always in place Monday through Friday.

Our hospital employees as well as the employees in our three clinics and doctors offices and Get Fit were treated to bags of popcorn in May during Hospital Week.

Two members will be attending the State Convention in Overland Park, in September. Our five Goody Bags are ready to be filled.

See you at the convention.
Mina Olson, President

Eureka - Greenwood County Hospital Auxiliary

Greenwood County Hospital Auxiliary has been as busy as all the rest of you. Some of our additional activities have been:

- Guided approximately 60 4th grade students for the annual tour of the Greenwood County Hospital during Hospital Week. They visited 12 different areas and departments. All the children enjoy their visit and ask excellent questions. They send us thank you notes that are a joy to read. For many their favorite departments to visit are the helicopter, the ambulance, rehabilitation and the lab. We also provide them with a goody bag to take home.
- Presented two graduating seniors in our County with scholarships. Although we would wish to award a scholarship to each and every applicant, the selection of recipients is always a challenge. There are so very many worthy students each year!
- Served at the four Red Cross blood drives by checking in the donors, providing them with juice and escorting them after completing their blood donation to the dining area.

Of course, our focus continues to be supporting our hospital and staff, but we also recognize each of us live in our community too. We were privileged to celebrate the birthday one of our Auxilian’s at our last meeting. She always has a smile and helps at every event. Lois recently had a fall and we are hoping she returns soon. Oh, by the way, it was her 97th birthday we celebrated!!

Kim Fogle, President

AVOCADO, TOMATO AND CUCUMBER ARUGULA SALAD

**INGREDIENTS**
- 2 avocados, diced
- 1 english cucumber, sliced
- 3 roma tomatoes, diced
- ¼ cup red onion, sliced
- 1 cup arugula
- 2 Tablespoons olive oil
- 2 Tablespoons lemon juice
- salt and pepper
- ¼ cup feta cheese

**INSTRUCTIONS**
In a large bowl combine avocado, cucumber, tomatoes, red onion and arugula. Gently toss. In a small bowl whisk the olive oil, and lemon juice. Add to the veggies and toss. Serve with crumbled feta cheese.