

Kansas Healthcare Engineers Association

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KHEA Fall Conference 2016

KHEA's 2016 fall conference kicked off with our largest golf tournament ever. 79 golfers joined us at Colbert Hills Golf Course in Manhattan on Tuesday for a round of fun and camaraderie. It was hot but that didn't deter anyone from having a really great time!

KHEA's annual meeting is always held first thing Wednesday morning and this year was no exception. President Lance Smith introduced Jaci Gottschalk, Communications Supervisor at Hays Med, as our new KHEA Secretary. Jaci and I will work closely over the next year to make the transition of the secretary role from me to her a smooth one.

Election of officers was also held at the annual meeting and I was honored to be elected as KHEA President-Elect for 2017. Also elected were Travis Rupp as NW representative, Dale Cation as SE representative, and Brian Rowan as South Central representative.

We had a great line-up of speakers at our conference this year. We kicked off with Preston Moore presenting on basic electrical issues. Preston was sponsored by Nabholz Construction. Bob Collins with Chubb Insurance rounded out the morning talking about power plant preventive and predictive maintenance. The ever-popular Nelson Warthan, sponsored by Knipp Equipment, filled the afternoon with information on ASHRAE standards and the changing role of HVAC management. Wednesday night's annual vendor show was a complete success as well. 51 vendors joined us for our event this year and as always, everyone enjoyed networking and mingling with old and new friends. Our sincere thanks go out to each and every one of our vendors who participated in either our golf outing on Tuesday or the vendor exhibition on Wednesday. Without your help and continued friendship and support, KHEA would not be the successful organization we are, and we thank you for all you do for us.

Thursday morning began with roundtable discussion led by Norbert Flax from Grisell Memorial Hospital in Ransom. We had only one submitted question for the roundtable this year but it generated a great deal of discussion during the limited time we had available.

York Chan is the Administrator of Facilities for Advocate Health Care and oversees operations in 12 acute care hospitals in Chicago. York is a frequent presenter at ASHE annual meetings and is a wealth of knowledge on maintenance operations and systems. York joined us on Thursday to talk about Life Safety codes and the impact they have on healthcare's every day functions and operations.

Vendor List 2017

Star Sponsors –

1. Mid-Continental Restoration Company Inc.
2. Health Facilities Group
3. McCownGordon Construction
4. Lifecare Associates.
5. Document Resources, a Division of Underground Vaults & Storage
6. Becker Pumps
7. Ohio Medical
8. J.M. O'Connor Inc.
9. Duro-Last Roofing (Morris Group)
10. Knipp Services
11. Murray Company
12. Lamunyon Cleaning & Restoration
13. Hajoca Corporation
14. RamAir
15. Associated Equipment Sales
16. BHC Rhodes
17. Edelman-Lyon Co.
18. Building Controls & Services
19. Glassman Corporation
20. Wichita Burner
21. Nabholz
22. American Boiler & Mechanical
23. P1 Group
24. ASSA ABLOY
25. Foley Power Solutions
26. Roofmasters
27. Hill-Rom

Joel Beckner is a new addition at the Kansas State Fire Marshall's office who also spoke about the 2012 Life Safety Code and how it affects hospitals. Rounding out the day was Chuck Clanahan from the Department of Homeland Security. Chuck was at our spring meeting helping us understand how we can protect ourselves, our patients and visitors in the event of an active shooter in our facility. He returned to this conference with information on cyber security and how we can protect ourselves against this ever-growing threat. Overall our fall conference went very well. We thank those of you who attended and we hope those of you who did not will plan to join us at our 2017 events. Be sure to mark your calendars for the following...

On April 25 – 27 we'll be back at the Drury Plaza Broadview Hotel in Wichita (golf will be on Tuesday April 25 at Willowbend Golf Club). On June 14 we'll have our 2nd Annual Benefit Golf Tournament at Salina

Municipal Golf Course in Salina. And on September 19 – 21, 2017 we'll be back at the Hilton Garden Inn in Manhattan for our Fall Conference with Vendor Show (golf will be on Tuesday September 19 at Rolling Meadows Golf Course at Milford near Junction City). Again, our thanks go out to all our sponsoring vendors in 2016. We greatly appreciate your friendship and support with our events this year and we hope to see you in 2017. We also thank our members who attended this year's conferences and events, especially those whose efforts went into arranging our programs and getting speakers signed up to attend. Events like these can be a challenge to put together but our Program Committee really stepped up to the plate this year and did a great job. If you'd like to be help out in 2017, please let us know.

Hope to see you next year!
Luanne Kramer, Hays Med

**\$250 Scholarship for the Spring
 Tyler Quigley**

Grandson of Jim & Luanne Kramer

*KHEA Spring
 Program April 25-27
 at Drury Plaza
 Broadview in
 Wichita- Golf at
 Willowbend Golf Club*

It is when one wholly commits themselves to achieving a specific goal that true accomplishments, whether they be academic, athletic, or of some other sort of entirety, can be achieved and one can feel truly satisfied with the amount of work they put it to achieve a particular goal. It can then also be said that by spreading out one's attention over a great many things the chances of achieving the same type of success are lessened. This can be seen in the achievements of Olympic athletes such as Michael Phelps or Simone Biles, who trained with a very specific set of skills in mind in order to attain professional status within those specific fields. However, one could also point to the great

Renaissance men of the past, notably Da Vinci and Benjamin Franklin, who achieved great success despite spreading their attention over many fields. I feel that this showcases that while attention given towards something is definitely a big player in terms of achieving success, it is not the only qualifier and that in spite of many projects one is capable of great things. I have found that personally when I devote all of my efforts towards something, whether it's writing an essay, doing math homework, or editing a video, I can achieve quite a bit more than spreading my arms across multiple things. A particular example can be found in two separate English essays last year, when I focused wholeheartedly

on the hardest paper of the year, I came out of it with a 98% grade, whereas on an easier paper where I expended much less effort and care I was left with only an 81% grade. This showcases that while difficulty is definitely a barrier to success, concentration does have the natural capacity to overcome this hurdle. Therefore, remaining focused, in my opinion, contributes to about half of your success, however natural capacity to multitask and inherent ability make up the other half, explaining why some have to work solely on one project while others are free to explore to their hearts content.

*2nd Annual
 KHEA Benefit
 Golf Tournament
 June 14 @
 Salina Municipal
 Golf Course in
 Salina*

\$250 Scholarship for the Spring Laken Downes

Son of Dennis Downs

I have been called a jack of all trades many times throughout my life as a result of my many hobbies. It was not until recently that I came across what I believe to be the full phrase, “A Jack of all trades and a master of none, but better than a master of one.” I do believe that focusing on a main goal can help you attain success; however, I also feel it is important to be well rounded. Focusing all of your energy into one facet of your life can be a

risky move, much like putting all your eggs in one basket. Think of someone who wants to be a professional sports player, they can put all their time and energy into practicing and working out and still end up not getting onto a pro team. Now if the player works towards a career in say engineering or business alongside his sports then if his sports career doesn't work out or does not last, he will have plenty of career options available.

Another example is the machine shop I recently interned for which has done quite well for itself by focusing its production entirely on the aircraft industry and growing alongside it. The company was able to purchase the required machines and tools to become one of the few companies capable of producing the very complicated parts needed by that industry. Although their success has indeed been driven by focusing on one strength,

they also have the capability to produce other products if the aircraft industry slows down. I guess I would say that one should not focus all of their energy on one goal but 2 or 3 as to keep oneself well rounded and from being trapped in a corner.

ASHE Chapter Elite Award/Energy to Care Update

By Luanne Kramer

KHEA was one of 9 ASHE Chapters awarded Platinum Chapter Elite status at the ASHE Annual Conference this past July in Denver. The Elite Award is a new addition to ASHE's Chapter Awards program and it was a great honor for us to achieve it the very first year. I was fortunate enough to be part of the task force charged with developing the Elite Award and implementing it into the Chapter Awards program in 2015. We found some glitches in our system because there was a lot of variation in how each Chapter reported their participation. While Energy to Care showed how many buildings were signed up in the program, it still made determining which Chapters

made a 10% increase from baseline year to the second year very difficult. Since the intention of Elite is to encourage participation in Energy to Care, a great deal of thought was put into streamlining the process while still enticing Chapters to sign up. Another task force was already working on a challenge program giving Chapters from all over the country an opportunity to work with others and find new ways to operate their facilities in a cost-efficient manner. ASHE thought this was a great idea and so, in 2017 ALL Chapters participating in the Elite program must sign up for and take part in a Chapter Challenge. For calendar year 2016, since we were already in

the Elite program KHEA had the option to participate following the old requirements OR we could join a Chapter Challenge. Since we didn't have enough new hospitals sign up for Energy to Care over the course of 2016 to meet the 10% increase and we did have 6 hospitals (meeting the minimum of 5) already participating in Energy to Care, we chose the Chapter Challenge route. On September 13, our Sustainability Liaison Mike Stallbaumer submitted KHEA's application for the Chapter Challenge for 2016. Participating hospitals are Hays Med, Lawrence Memorial Hospital, Nemaha Valley Community Hospital, Newton Medical Center, Pawnee Valley

Community Hospital, and Russell Regional Hospital. ***A mid-year update of the challenge program was given last week and I'm happy to say KHEA is in 1st place leading the small chapter division with weather normalized energy savings! And that's not all...Russell Regional Hospital leads the nation (both large and small chapters) in overall reduction at 28%!!*** More information on energy savings will be coming from Mike and me over the upcoming months as Sustainability Liaison quarterly conference calls gear up for 2017. If you want more information or if you want to join in the challenge, contact either Mike Stallbaumer at or me and we'll be happy to help get you started.

KHEA Fall Program with Vendor Show September 19-21 @ Hilton Garden Inn in Manhattan- Golf @ Rolling Meadows Golf Course in Milford near Junction City

ASHE Leadership



I received an email invitation from Dale Woodin in August to attend ASHE Leadership training in November. I was aware Luanne Kramer and Mike Stallbaumer had attended these in the past, so I readily accepted the invite. I was honored to be chosen to attend.

The training took place near Scottsdale, AZ. November 4th and 5th. The training is centered on leadership but also understands that working with others in our field is a huge asset. The two days allowed us lots of time in class but also more time to socialize with others from around the country. It is amazing to see how we are from a lot of different areas but all of us are facing similar issues and concerns in our facilities. I know I will walk away making new and long lasting friendships that will benefit me for years to come.

“ASHE members represent a diverse group of professionals who work to optimize the health care physical environment.” (taken from ASHE website)



By the way, everyone’s dream job is a weather forecaster in Arizona. Every day it was sunny and 80 degrees with no wind. You can’t find that in Kansas.

Submitted by:
Lance Smith

As an added bonus, I found out this is a four year program. Luanne and Mike are in their second year. Also attending was Tracy Robinson. He was finishing his 4th year and graduated from the program. To have KHEA represented by 4 attendees speaks volumes about what ASHE thinks of our Chapter. It will definitely be an honor to represent our Chapter through the course of the program.





If you have articles, ads, or SPECIAL events coming up in your hospital or in your company that you'd like to share with our KHEA membership, PLEASE send them to Luanne Kramer at Luanne.kramer@haysmed.com OR jaci.gottschalk@haysmed.com

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